

IN THE CLAIMS:

Please cancel claims 1-29.

Claims 30-35 are pending as follows:

Claims 1-29. (Canceled)

30. A method for attaching tissue to a bone, the method comprising the steps of :
embedding a distal end of a stake in the bone such that a proximal portion of the stake protrudes from the bone;
impaling the tissue on the proximal portion of the stake;
and
attaching a cap to the stake so as to overlies the tissue.

31. The method in accordance with claim 30 wherein the stake distal end is provided with a first set of screw threads, and embedding the distal end of the stake comprises screwing the distal end of the stake into the bone.

32. The method in accordance with claim 31 wherein the stake is provided with a pointed proximal end, and impaling the tissue on the proximal portion of the stake comprises pressing the tissue onto the stake pointed end such that the pointed end penetrates the tissue.

33. The method in accordance with claim 32 wherein the stake is provided with a second set of screw threads disposed proximally of the first set of screw threads, the cap is provided with an opening threadedly engageable with the second set of screw threads, and attaching the cap to the stake comprises screwing the cap onto the stake second set of threads.

34. The method in accordance with claim 33 wherein the cap is screwed onto the stake until a distal surface of the cap engages the tissue.

35. The method in accordance with claim 30 and comprising the further step of cutting away a proximal portion of the stake extending beyond the attached cap.